Furman University Study Away Program: Academic, Environmental, Physical & Health Expectations

Program: Southern Africa

ACADEMIC REQUIREMENTS Course work in a foreign anguage Course work in English	Never	Seldom	Someti mes			Recomme										1				_
anguage	x			Often	Optional		Required	STUDY AWAY ENVIRONMENT	Never	Seldom	Sometimes	Usually	Always	PHYSICAL EXPECTATIONS	Never	Seldom	Sometimes	Often	Daily	
	х							Foreign Language												7
Course work in English								Environment			х			Lifting luggage				х		
				х			х	Mountainous			х			Carrying luggage				х		
Use of laptop	х							Tropical		х				Carrying equipment				х		
Use of smart device			х			х		Desert			х			Carrying groceries		х				
Traditional Classroom		x					х	Urban			x			Standing 30+ minutes			x			
ndoor Course Work			х				х	Rural			х			Walking 1+ miles			х			
Outdoor Course Work			x				х	High Elevation			х			Hiking (easy)			х			
Group Work			х				х	Dusty			х			Hiking (strenuous)			х			
Presentations			х				х	Air Pollution			х			Sitting 5+ hours				х		
nteractions with local														Use of public						
residents			x				х	Recent Terrorism	Х					transportation		х				
Field Work			x				х	Mosquito Borne Risk of Illness			x			Flat terrain			x			
nternship	Х							Earthquakes			х			Hilly terrain			х			
Research			х				х	Other Natural Disaster			х			Stairs			х			
Comments:							1	Comments: Drought/w	ater sho	rtages	I.			Comments:			<u> </u>			
Frequency							Frequency						Frequency							
HEALTH & DIET	Never	Seldom	Sometin	Usually	Always			LIVING ARRANGEMENTS	Never	Seldom	Sometimes	Often	Always	WATER ACTIVITIES	Never	Seldom	Sometimes	Often	Optional	Requ
Vegetarian Options				х	-			Host Family			х			Swimming		х			х	
Vegan Options	Х					1		Roommate					х	Snorkeling	х				Х	
Food Allergy																				
Accommodations				х				Shared Apartment		х				SCUBA	Х				Х	
Group Meals				х				Dormitory			х			Boating (speed boat)		х			х	
Cooking for oneself		х						Camping			х			Rowing	Х				Х	
Host family prepares neals			х					Hotel			x			Comments:						
Healthcare easily						1		Cell phone signal				1		ļ						_
accessible			x					available			х									
Comments:								Internet signal available			x									

Center for Disease Control Recommendations: Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumpsrubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot. The CDC recommends getting vaccines for Hepatits A and Typhoid. Malaria medication