

Furman University Study Away Program: Program Expectations

Program Title: Know Thyself

Locations: Athens, Kalambaka, Crete, Greece

Dates: May 5-June 3, 2025

Program Description: While learning about Greek values shaped by history, politics, and culture, we will emphasize self-reflection to explore our own values and pose such questions as: Who am I most authentically? What do I believe most deeply? What does the world need from me?

Academic, Environmental, Physical & Health Expectations for Participation

Below is a list of academic, environmental and physical expectations and requirements for participation in this study away program. The list captures most, but not all, requirements. If you have questions about the expectation and requirements, please check with the study away office or the program directors. Students requiring a physical or academic accommodation should contact the Student Office for Accessibility Resources (SOAR) no less than 4 months prior to the start date of the program.

	Frequency		Frequency
ACADEMIC REQUIREMENTS	Always, Sometimes, Never/ Required or Optional	STUDY AWAY ENVIRONMENT	Always, Sometimes, Never/ Required or Optional
Course work in a foreign language	Never	Foreign Language Environment	No
Course work in English	Always	Terrain (Mountains, Tropical, Forest, Desert, Hilly, Flat)	Mountains in some areas, hilly, flat in other places
Laptop Required	Optional	Population: Rural, Urban, Remote, etc.	Mostly urban
Smart phone required (videos, photos, blogs)	Required	Environment (high altitude, air pollution, dusty, sandy, humid, dry, hot, cold)	Could be very hot
Traditional Classroom	Never. Possibly hotels or gathering spaces around the sites.	Mosquito Borne Risk of Illness	No
Group Work	Sometimes	Is tap water safe to drink	Yes, but always safer to drink bottled water.
Academic Assessments (tests, journals, presentations, essays)	Daily blogs, journals, Furman Engaged presentation, participation	Other Risks (natural disasters, crime, pickpocketing, etc.)	Use normal vigilance
Interactions with local residents	Sometimes	Cultural Dress Code	Some monestaries where women will need to wear a long skirt or dress.
Field Work/Research	No	Risk of Discrimination	The same as everywhere
Internship/ Volunteer Work	No	Curfew	No
PHYSICAL EXPECTATIONS	Always, Sometimes, Never, / Required or Optional	HEALTH & DIET	Always, Sometimes, Never, / Required or Optional
Lifting/Carrying Own Luggage	Always	Vegetarian and Vegan Options Available at all meals	Always
Carrying equipment or program supplies	No	Food Allergy Accommodations	Always
Standing 60+ minutes	Archaeological sites, museums, walking tours	Group Meals	All breakfasts, 7 dinners, 1 lunch

Ability to walk up one or more flights of stairs (elevators may not be available)	Always be prepared for this. Monasteries have several flights of stairs
Hiking (easy to strenuous; frequency; miles)	Easy to moderate hike occasionally
Walking 3+ miles per day	Often
Use of public transportation (buses, trams, trains, subways)	Students may want to use the subway or taxis in Greece
LIVING ARRANGEMENTS	Always, Sometimes, Never, / Required or Optional
Host Family	No
Roommate	yes
Shared Apartment	
Dormitory	
Camping	
Hotel	Double occupancy rooms
Cell phone signal available	Yes
Internet signal available	Yes
Refrigerator Access	Refrigerator available, if not in room, available on request for medicine

Cooking for oneself	Never
Host family prepares meals	Never
Healthcare easily accessible	Yes
Quality of Healthcare	Very good
WATER ACTIVITIES	Always, Sometimes, Never, / Required or Optional
Swimming	Optional beach swimming
Snorkeling	Possibility of optional snorkeling
SCUBA	No
Boat, canoes or other water activities	Optional, possible ferry across water.
Sea sickness	
Other	

Center for Disease Control Recommendations:
https://wwwnc.cdc.gov/travel/destinations/traveler/none/greece?s_cid=ncezid-dgmg-travel-single-