

Furman University Study Away Program: Program Expectations

Program Title: Happiness in Denmark

Locations: Copenhagen, Denmark

Dates: On-Campus May 14-18; and Abroad May 18-June 4, 2025

Program Description: The program examines what science has to say about happiness. What are the social policies that a country can institute that will increase the well-being of its citizens? And what are the practices that science tells us will increase happiness if they are incorporated into daily life?

Academic, Environmental, Physical & Health Expectations for Participation

Below is a list of academic, environmental and physical expectations and requirements for participation in this study away program. The list captures most, but not all, requirements. If you have questions about the expectations and requirements, please check with the study away office or the program directors. Students requiring a physical or academic accommodation should contact the Student Office for Accessibility Resources (SOAR) no less than 4 months prior to the start date of the program.

ACADEMIC REQUIREMENTS		Frequency	STUDY AWAY ENVIRONMENT		Frequency
		Always, Sometimes, Never/ Required or Optional			Always, Sometimes, Never/ Required or Optional
Course work in a foreign language		Never	Foreign Language Environment		Danish and English
Course work in English		Always	Terrain (Mountains, Tropical, Forest, Desert, Hilly, Flat)		Cobblestones, flat, not wheelchair accessible
Laptop Required		Not required (optional)	Population: Rural, Urban, Remote, etc.		Urban
Smart phone required (videos, photos, blogs)		Required	Environment (high altitude, air pollution, dusty, sandy, humid, dry, hot, cold)		Cooler temperatures, damp, possibly rainy, overcast
Traditional Classroom		Sometimes	Mosquito Borne Risk of Illness		No risk
Group Work		Frequently - The final project is a team project, there will be regular small group discussion, and there are other activities that involve groups	Is tap water safe to drink		Always
Academic Assessments (tests, journals, presentations, essays)		Quizzes, midterm reflection, final project presentation	Other Risks (natural disasters, crime, pickpocketing, etc.)		Potential for pickpocketing in touristy areas.
Interactions with local residents		Always - interactions with Danish families at two dinners, random acts of kindness activities, etc.	Cultural Dress Code		Never
Field Work/Research		Never	Cultural Awareness		Anti-immigrant sentiment is present and may be encountered. In the past some students have had direct experiences of racism and discrimination. The program incorporates discussion of racism and xenophobia into classes, and reflections gives students the opportunity to process their experiences.
Internship/ Volunteer Work		Never	Motion Sickness		Bus, boat, and plane travel

	Frequency		Frequency
PHYSICAL EXPECTATIONS	Always, Sometimes, Never, / Required or Optional	HEALTH & DIET	Always, Sometimes, Never, / Required or Optional
Lifting/Carrying Own Luggage	Sometimes (no elevators)	Vegetarian and Vegan Options Available at all meals	Always
Carrying equipment or program supplies	Never	Food Allergy Accommodations	Always
Standing 60+ minutes	Frequently	Group Meals	Rarely
Ability to walk up one or more flights of stairs (elevators may not be available)	Always (most housing does not have elevators)	Cooking for oneself	Optional - students will have access to kitchen facilities. Students will receive a meal stipend on site which they can use for groceries or meals at restaurants/cafes.
Hiking (easy to strenuous; frequency; miles)	Never	Host family prepares meals	2 dinners will be prepared by host families for small groups of students
Walking 3+ miles per day	Frequently (several walking tours)	Healthcare easily accessible	Always
Use of public transportation (buses, trams, trains, subways)	Sometimes	Quality of Healthcare	Excellent
LIVING ARRANGEMENTS	Always, Sometimes, Never, / Required or Optional	WATER OR OTHER PHYSICAL ACTIVITIES	Always, Sometimes, Never, / Required or Optional
Host Family	Students will dinner in groups with a host family twice during the program, but they do not live with the family.	Swimming	Optional
Roommate	Always	Snorkeling	No risk
Shared Apartment	Possibly (housing determined 10 days before arrival)	Bike	Bikes are available all around Copenhagen as an optional form of transportation. There is one required biking activity, but arrangements can be made if a student is unable or uncomfortable riding a bike.
Dormitory	Possibly (housing determined 10 days before arrival)	Boat, canoes or other water activities	Yes-canoe activity required, group boat tour
Hotel	Never	Sea sickness	Potential
Cell phone signal available	Always	Other	
Internet signal available	Always		
Refrigerator Access	Always		
Air Conditioning	Never		
Other	Laundry facilities on site at housing		
		Center for Disease Control Recommendations: https://wwwnc.cdc.gov/travel/destinations/traveler/none/denmark	