

Furman University Study Away Program: Program Expectations

Program Title: Slow Food: Italian Style

Locations: Italy (Rome, Sienna, Turin)

Dates: May 8-29, 2024

The program description below is an Italian style program to engage students in an intensive, thoughtful education about ways to promote and maintain environmentally and socially responsible food production, procurement and preparation in modern society. Readings will motivate discussion on current and historical problems posed by industrial food production; solutions will be considered through the examples offered by traditional foodways as observed and experienced through our residence on an organic farm in Italy and meetings with experts in different facets of food production and consumption. Activities regularly include working in the farm's gardens, watching fresh cheese being made, hunting for truffles and other wild foods, visiting an organic winery, and preparing handmade pasta and sauces. Time in Rome at the beginning of the program will give insights into Italians' attitudes about eating and provide the experience of shopping for fresh foods in urban markets.

Academic, Environmental, Physical & Health Expectations for Participation

Below is a list of academic, environmental and physical expectations and requirements for participation in this study away program. The list captures most, but not all, requirements. If you have questions about the expectations and requirements, please check with the study away office or the program directors. Students requiring a physical or academic accommodation should contact the Student Office for Accessibility Resources (SOAR) no less than 4 months prior to the start date of the program.

	Frequency		Frequency
ACADEMIC REQUIREMENTS	Always, Sometimes, Never/ Required or Optional	STUDY AWAY ENVIRONMENT	Always, Sometimes, Never/ Required or Optional
Course work in a foreign language	Never, though some basic Italian will be covered	Foreign Language Environment	Italian
Course work in English	Always	Terrain (Mountains, Tropical, Forest, Desert, Hilly, Flat)	Mountains, hills, cobblestones, dirt paths
Laptop Required	Not required	Population: Rural, Urban, Remote, etc.	Urban and rural
Smart phone required (videos, photos, blogs)	Not required	Environment (high altitude, air pollution, dusty, sandy, humid, dry, hot, cold)	Variation in altitude, dry, moderate temperatures
Traditional Classroom	Sometimes	Mosquito Borne Risk of Illness	None
Group Work	Always, Sometimes, Never/ Required or Optional	Is tap water safe to drink	Safe to drink
Academic Assessments (tests, journals, presentations, essays)	Presentations, essays	Other Risks (natural disasters, crime, pickpocketing, etc.)	Pickpocketing in cities
Interactions with local residents	Always	Cultural Dress Code	In Rome, modest attire is required at religious sites
Field Work/Research	Yes	Curfew	None
Internship/ Volunteer Work	Never	Motion Sickness	Plane and bus travel
Other	Willingness to try new foods; read and reflect	Other	

			Frequency
PHYSICAL EXPECTATIONS	Always, Sometimes, Never, / Required or Optional	HEALTH & DIET	Always, Sometimes, Never, / Required or Optional
Lifting/Carrying Own Luggage	Always	Vegetarian and Vegan Options Available at all meals	Can be accommodated
Carrying equipment or program supplies	Never	Food Allergy Accommodations	Can be accommodated
Standing 60+ minutes	Always	Group Meals	Regularly
Ability to walk up one or more flights of stairs (elevators may not be available)	Always	Cooking for oneself	Sometimes
Hiking (easy to strenuous; frequency; miles)	Always	Host family prepares meals	Never
Walking 3+ miles per day	Always	Healthcare easily accessible	Always
Use of public transportation (buses, trams, trains, subways)	Always	Quality of Healthcare	Excellent
LIVING ARRANGEMENTS	Always, Sometimes, Never, / Required or Optional	WATER ACTIVITIES	Always, Sometimes, Never, / Required or Optional
Host Family	Never	Swimming	None
Roommate	Always	Snorkeling	None
Shared Apartment	Never	SCUBA	None
Dormitory	Sometimes	Boat, canoes or other water activities	None
Camping	Never	Sea sickness	
Hotel	Sometimes	Other	
Cell phone signal available	Varies	<div>Center for Disease Control Recommendations:</div> <div> https://wwwnc.cdc.gov/travel/notices/covid-3/coronavirus-italy </div>	
Internet signal available	Varies		
Refrigerator Access	Always		
Air Conditioning	Sometimes		
Other			